

## Evaluating the potential of cis- and trans-4-[18F]fluoro-L-proline positron emission tomography as biomarkers of active collagen biosynthesis in cardiometabolic diseases

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The increased prevalence of obesity and its associated comorbidities has coincided with an upsurge in cardiometabolic diseases, such as heart failure with preserved ejection fraction, metabolic dysfunction-associated steatotic liver disease, and chronic kidney disease. Active tissue remodelling and fibrosis following cellular damage and inflammation, characterised by aberrant collagen deposition, is a common feature of cardiometabolic disease. Currently, there are no established probes for non-invasive whole-body imaging of active collagen biosynthesis to study the multisystem consequences of cardiometabolic diseases.

We aimed to evaluate the potential of cis- and trans-4-[18F]fluoro-L-proline positron emission tomography (PET) as biomarkers of active misfolded and stable triple helical collagen biosynthesis, respectively, using a preclinical Western-style diet (WD)-induced rat model of cardiometabolic diseases.

Animals fed a WD had significantly greater uptake of both cis- and trans-4-[18F]fluoro-L-proline in the heart compared to age-matched controls across the time course, reflecting the increased histological accumulation of collagen, a profibrotic gene expression profile, and cardiac dysfunction on echocardiography. Although histological and transcriptional alterations were also noted in the liver, there were no detectable differences in hepatic cis- and trans-4-[18F]fluoro-L-proline PET signal. We hypothesise that the organ-specific differences in relative [18F]fluoro-L-proline PET uptake reflect disease-associated perturbations to the free-proline pool. Previous reports showed that WD feeding markedly increased the proline content of plasma and liver tissue<sup>1</sup> which could in turn alter tracer kinetics. Currently, we are developing and validating new quantification strategies for [18F]fluoro-L-proline PET studies based on amino acid blood concentrations, similar to established plasma glucose corrections in [18F]fluorodeoxyglucose PET studies<sup>2</sup>, in order to improve [18F]fluoro-L-proline PET outcome reporting.

Overall, our data suggests that the rates of active collagen biosynthesis in cardiometabolic diseases are organ-specific, likely indicating differences in susceptibility to injury and fibrosis.

### **References:**

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- (2) Boellaard, Ronald et al. "FDG PET/CT: EANM Procedure Guidelines for Tumour Imaging: Version 2.0." *European journal of nuclear medicine and molecular imaging* 42.2 (2015): 328–354. Web.